

Saying Goodbye To My Child

How do others say goodbye to their child?
Be they so young, a teen, or even an adult
Knowing they had not yet fulfilled their life
Yet left to us memories of their loving light

Some of us cart sorrow or despair beyond
Some lives renew their pain at every dawn
Replacing happiness for long-winded grief
By locking ones self in defeat with no relief

We can not change what has taken place
Nor can we predict what our future brings
But with prayer and asking God for grace
He will guide us with steps at a safe pace

We need to remove our concealed anger
And work toward acceptance of a choice
Sliding backwards with no future in place
Or forward knowing our child is now safe

Some will do both moving back and forth
Some will hold onto what caused a death
Vexing anything /anyone reminding them
Of the similarity to that of their loved one

As time stretches forward into unknowns
A kettle fueled with sorrow can be blown
Stealing from you *your very own lifetime*
Stop the rain of tears an smile a rainbow

Think of all those wonderful times shared
With blessings received through prayers
The reciting ones favorite nursery rhymes
Your child's day at school for the first time

Trips to a park to look up into the night sky
Watching colorful explosions on 4th of July
Easter egg hunts Halloween trick or treats
Watching parades on your own city streets

Hearing your child's laughter at silly jokes
An their consideration to other older folks
Endearment by others is sized as a carat
Mannerisms taught by you they did inherit

The viewing or participation in the sports
Walks together on nature's twisting trails
Picnics, birthday parties, graduations too
And showing off to you sliding down rails

From wagons, tricycles, bicycles, skates
Skateboarding in streets, surfing waves
To driving cars, trucks, and motorcycles
These childhood and adult toys were joy

And their greatest gift to you, you know
But perhaps with all your sorrowing grief
Your mind just shuffled it to the wayside
But the time has come to be recognized

Their life is alive within your present life
And always will be for you helped them
By instilling your values within their soul
God's angels brought your child to Him.

Now that you see how loving memories
Provide happier times to your inner soul
Rejoice saying goodbye to your sorrows
Living rest of life with your beloved child!