

## HOW DO YOU SAY GOODBYE ...?

Experiencing the death of someone in our life is unique for every one of us. We may say goodbye with love, regret, forgiveness, anger, or even humor. We may find ourselves touched or challenged in unexpected ways. We may have time to prepare with the dying person – or no time at all. And for some of us, we may find that saying goodbye is not one moment, but a process that continues after someone has died.

In recognition of Healthcare Decisions Day (Friday, April 16), we invite you to share your experience with saying goodbye to a dying person in your life. Your words, art and perspective will help spread awareness about the importance of advance care planning and some of the many ways of saying goodbye in times of dying. We welcome your story.

## **Entries due Thursday, April 29, 2021** Three entries will be chosen and publicized

Acceptable Mediums: Essays, Poetry and Artwork Download Guidelines & Entry Forms : <u>www.hospiceslo.org</u>



For more information, please contact: (805) 544-2266 or www.hospiceslo.org 1304 Pacific Street | San Luis Obispo, CA 93401