

HOSPICE SLO COUNTY SERVICES

GRIEF COUNSELING: Individual and family grief counseling is available to anyone in our community who have experienced significant loss due to death or are dealing with potential end-of-life issues. Supportive counseling is offered at any time, after any death regardless of when, where or how the death occurred including anticipatory grief. Counseling is available in-person, virtually, or telephonically.

SUPPORT GROUPS: Support Groups provide emotional support and education about the grief process and finding comfort through sharing and connecting with others in similar circumstances. Groups are conducted in person and on Zoom. Support Group meetings are offered according to the needs of the community and often change to meet those needs. The current schedule of support groups is online and regularly updated.

COMMUNITY GRIEF RESPONSE: Our Community Grief Response Team can go to places of employment, schools, churches, service groups, government, and community agencies to assist them in dealing with a sudden loss or in anticipating a loss. Timely support, consultation, and education about grief and information regarding follow-up services from Hospice SLO County for individuals is provided.

IN-HOME SUPPORT: Our in-home volunteers provide a consistent supportive presence, emotional and practical support, and respite care to relieve the primary care person.

CARE MANAGEMENT: Our Care Manager strives to help ease the burden of being a family caregiver of individuals with cognitive impairment by finding appropriate resources to assist the home caregivers with respite, care needs, planning or access to community resources.

PET PEACE OF MIND: Hospice SLO County believes that pets are part of the family and offers services to support the pets of those coping with a life-limiting illness. Volunteers help with pet care like feeding, exercising, grooming, and transportation to the veterinarian. Animal fostering and rehoming are only available for Hospice SLO County clients.

END-OF-LIFE SUPPORT: Volunteer end-of-life companions support a dying person and their loved ones' plan for what they envision as a gentle death, including vigil planning; education and guidance; legacy work; emotional, spiritual, and practical care; respite for caregiver(s); and bedside presence if requested during the final days of active dying. Our volunteers do not administer medication or provide skilled nursing care.

AUXILIARY SUPPORT OFFERINGS: Reiki, Yoga for Grief, Sound Healing, Heart Rhythms Drum Circle, Death Café, and Advance Health Care Directive support.