

## Sync Fitness Wearable Devices

Select a device type that you'd like to track your miles/steps/KM on and follow the steps to set up.

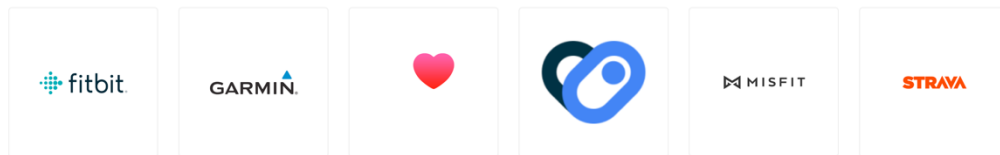
### Fitbit

1. Go to <https://www.charityfootprints.com/portal/user/devices>, and login using your Charity Footprints credentials (these are the credentials you used to register for the campaign).
2. Click on the "fitbit" button. This will take you to Fitbit's website.



DASHBOARD   WORKOUTS   **CONNECT DEVICES**   MY CAMPAIGNS   SETTINGS   LOGOUT

Select Device Type



3. Login to your 'Fitbit' account
4. Grant *Charity Footprints* access to reading your steps data.
5. You should now see "Fitbit Connected".
6. In the dropdown below "Test your Fitbit Device", select your campaign.
7. Now, when you sync your Fitbit with your Fitbit app, Charity Footprints will sync the steps automatically.

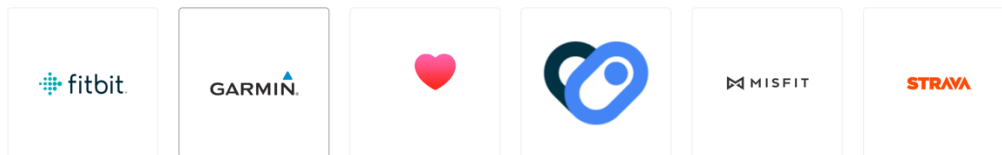
**Note: If "Test your Fitbit Device" doesn't show last 7 days of steps data, please "Re-integrate Fitbit."**

Note: If your steps data does not start appearing on the campaign site within 24 hours, please email us at [cf-support@cf-team.atlassian.net](mailto:cf-support@cf-team.atlassian.net), and we'll check the logs to confirm the device has been setup correctly.

### Garmin

1. Go to <https://www.charityfootprints.com/portal/user/devices>, and login using your Charity Footprints credentials (that you used to register for the campaign).
2. Click on the "Garmin" button. This will take you to Garmin's website.

Select Device Type



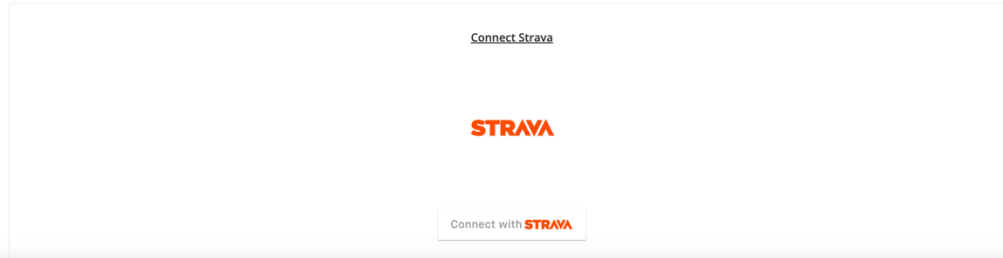
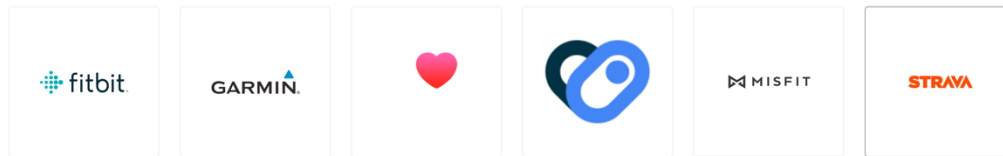
3. Login to your Garmin account
4. Grant *Charity Footprints* access to reading your steps data.
5. If above steps are successful, you will see “Garmin Connected.”
6. In the dropdown on the right, select your campaign.
7. Now every time you sync your Garmin with your Garmin Connect, Charity Footprints will sync the steps automatically.

Note: If your steps data does not start appearing on the campaign site within 24 hours, please email us at [cf-support@cf-team.atlassian.net](mailto:cf-support@cf-team.atlassian.net), and we’ll check the logs to confirm the device has been setup correctly.

## Strava

1. Go to <https://www.charityfootprints.com/portal/user/devices>, and login using your Charity Footprints credentials (that you used to register for the campaign).
2. Click on the “Connect with Strava” button. This will take you to Strava’s website.

Select Device Type

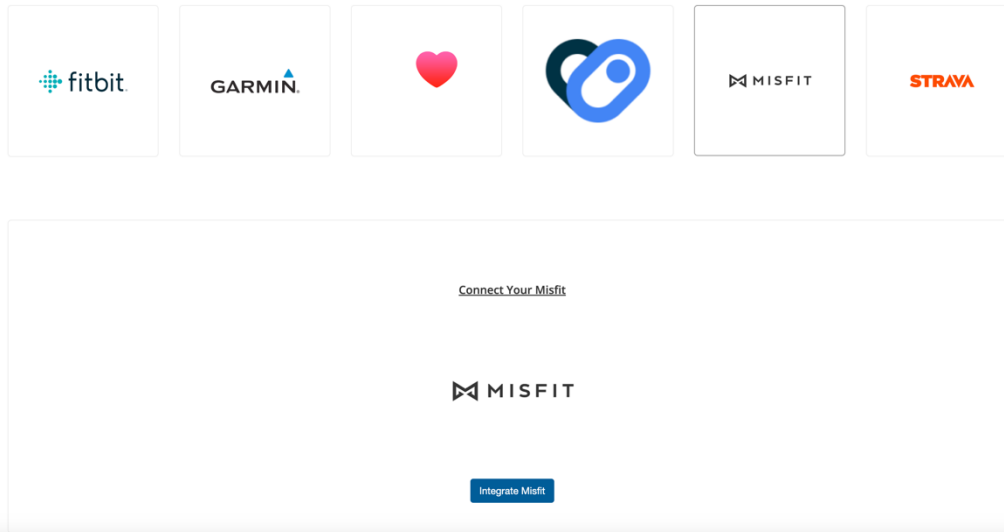


3. Login to your Strava account
4. Grant *Charity Footprints* access to reading your steps data.
5. If above steps are successful, you will see “Strava Connected.”
6. In the dropdown on the right, select your campaign.
7. Now every time you sync your Strava with your Garmin Connect, Charity Footprints will sync the steps automatically.

Note: If your steps data does not start appearing on the campaign site within 24 hours, please email us at [cf-support@cf-team.atlassian.net](mailto:cf-support@cf-team.atlassian.net), and we’ll check the logs to confirm the device has been setup correctly.

## Misfit

1. Go to <https://www.charityfootprints.com/portal/user/devices>, and login using your Charity Footprints credentials (that you used to register for the campaign).
2. Click on the “Integrate” button. This will take you to Misfit’s website.

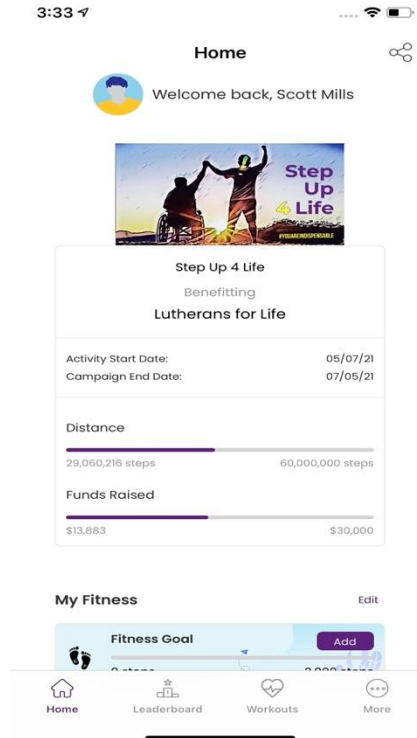


3. Login to your Misfit account.
4. Grant *Charity Footprints* access to reading your steps data.
5. If above steps are successful, you will see “Misfit Connected.”
6. In the dropdown on the right, select your campaign.
7. Now every time you sync your Misfit, Charity Footprints will sync the steps automatically.

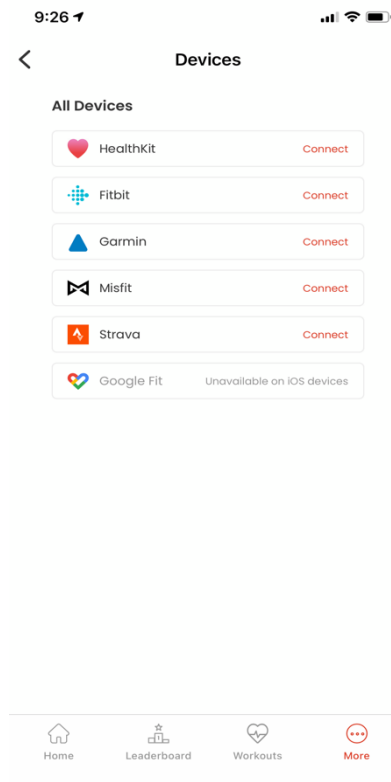
Note: If your steps data does not start appearing on the campaign site within 24 hours, please email us at [cf-support@cf-team.atlassian.net](mailto:cf-support@cf-team.atlassian.net), and we’ll check the logs to confirm the device has been setup correctly.

## Apple Watch/HealthKit

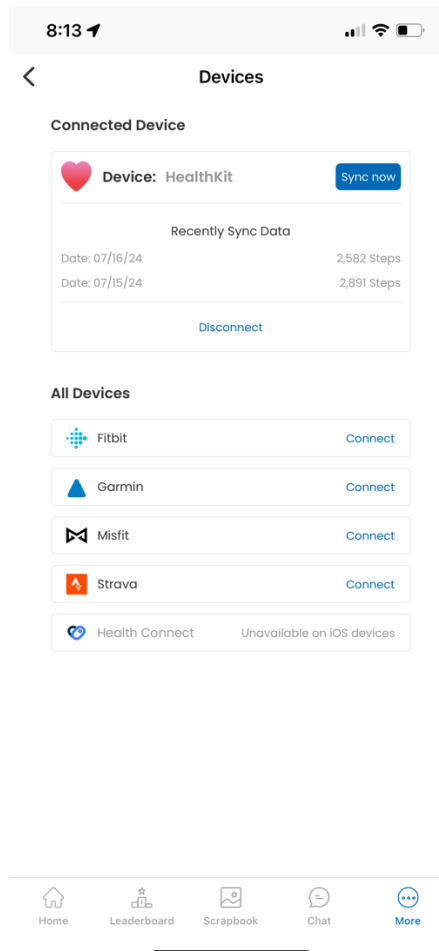
1. Sync your Apple Watch with "Health" app on your iPhone. The good people at Wikihow have [these instructions](#), in case you need some help with this.
2. Download the Charity Footprints [iOS app](#).
3. Login using your Charity Footprints credentials (that you used to register for the campaign).
4. Click on “More” at the bottom ribbon, and go to “Device Integrations”.



5. You should see “All Devices” and Healthkit underneath. If not, please make sure that you have the latest version of the Charity Footprints app, then restart your app and make sure you are connected to Internet. Contact us ([cf-support@cf-team.atlassian.net](mailto:cf-support@cf-team.atlassian.net)) if you still don't see Healthkit.



6. Click “Connect” next to Healthkit and grant permission for Charity Footprints app. to pull data.
7. You should now be able to see the “Sync now”. Your Apple Watch is now synched, and Charity Footprints will now be able to read your steps data.



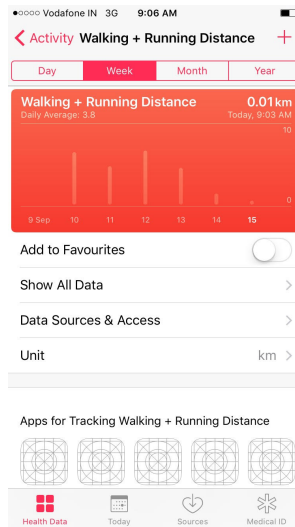
8. **To update your steps on the campaign, simply open the Charity Footprints app and your HealthKit steps will automatically sync with our servers.**

Troubleshooting Apple Watch/HealthKit:

If you have linked your Apple Watch but do not see steps updated to the campaign pages, please check the following settings:

- 1) Re-integrate Healthkit from the Charity Footprints iOS app. If you get any errors please send us an email at [cf-support@cf-team.atlassian.net](mailto:cf-support@cf-team.atlassian.net).
- 2) Next, open the Health app to confirm that the Health app is recording the steps from your Apple Watch.

- 3) Make sure that the “Charity Footprints” app is listed in data sources for reading steps from HealthKit.



## Health Connect By Android

1. Install Health Connect by Android

**Health Connect by Android combines data from other fitness and health apps and displays the shared health app information on your Google Fit dashboards.**

### Android 14

- No Action needed

### Android 13

- Download the Health Connect app from the [Google Play Store](#).

2. Sync Fitness Data into the Health Connect App

**The Health Connect app can sync data from various fitness sources such as Google Fit, Samsung Health, MyFitnessPal, etc. Following are the steps to connect one such data source, Google Fit to Health Connect App:**

### Setup Google Fit

- Download the Health Connect app from the [Google Play Store](#).

## Android 13

- Download and install the Google Fit from the [Google Play Store](#).
- Open Google Fit
- Tap on **Profile**
- Go to **Settings**
- Under **Health Connect** settings, turn on **Sync Fit with Health Connect**

### 3. Link Health Connect App with Charity Footprints

#### 1. Download & Open the Charity Footprints Android App

1. Download and install the Charity Footprints app from the [Google Play Store](#).
2. Login using the credentials you used to register for the Charity Footprints campaign

#### 2. Enable Health Connect Integration

1. Click on **More** in the bottom panel on the Charity Footprints App
2. Go to **Device Integrations**
3. Tap on Connect next to the **Health Connect by Android** option
4. Click **Next** on the prompt “Would you like to connect a new device”?
5. Click **Connect** to permit Charity Footprints to pull your steps data from the Health Connect App

### Important notes:



- Once the integration is done successfully, the Charity Footprints App and Health Connect App will sync automatically each time you launch the Charity Footprints App.
- Charity Footprints will only assign your workouts to the campaign when the activity tracking period begins.
- Click the 'Sync Now' button (Charity Footprints App > More > Device Integrations > Health Connect by Android) to sync your steps anytime

### **Manual submissions**


1. Go to [https://www.charityfootprints.com/portal/user/upload\\_workout](https://www.charityfootprints.com/portal/user/upload_workout), and login using your Charity Footprints credentials (these are the credentials you used to register for the campaign).


**Upload An Activity**

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Activity Type  
Fitness (miles) ↓

Enter workout (miles)

Start Date & Time  
 

End Date & Time  
 

Campaign Details

Select Campaign  Select Campaign ↓

[Submit Activity](#)

2. Enter the workout details (miles/steps/KM, duration, Start & End Date and Time).
  - a. Use the standard conversion factor of 2000 steps = 1 mile, if you've recorded the workout in steps.
3. Select your campaign.
4. Click on the Blue Submit Activity button.