

PROFESSIONAL CARE MANAGEMENT



Being a family caregiver is stressful... Our Care Management services are offered to ease the burden of finding appropriate resources to assist the primary caregiver with respite care needs, planning or access to local services. Care Management support is available to caregivers and individuals diagnosed with a life-limiting illness, Alzheimer's or other forms of dementia, or who are at the end of life. This service can be used one time or on an ongoing basis.

Examples of services we provide:

- Assistance navigating health care options in the community
- Help connecting to area resources
- Advocacy with health practitioners (with prior authorization)
- Referrals to home care providers, including home health, palliative care, medical hospice, home caregivers, and other community caregivers
- Dementia care referrals, resources, and care plans
- Planning for complicated diagnoses and care needs
- Personalized care plan and monthly (or more frequent) follow up

ALL SERVICES ARE FREE OF CHARGE.

Care Management services generously funded by:



**HUGHES CHARITABLE
FOUNDATION**