

# GRIEF AND THE HOLIDAYS



## A Contemplation of Belonging Thursday, December 14, 2017 | 6-7:30 p.m.

Let there be togetherness... The holidays can be a difficult time for anyone who has lost a loved one, but you are not alone. This evening will explore the stories we tell ourselves this holiday season as we integrate a death into our lives. Please bring a photo, a poem, a song or a story of remembrance to commemorate your loved one.

This gathering will be held at:  
**Hospice SLO County, 1304 Pacific Street, San Luis Obispo**



Roslyn Strohl, LMFT  
(MFT #19800)

**Preregistration is required**  
**[www.hospiceslo.org](http://www.hospiceslo.org) or (805) 544-2266**

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For more information:  
(805) 544-2266 or [www.hospiceslo.org](http://www.hospiceslo.org)  
1304 Pacific Street  
San Luis Obispo, CA 93401