



# NATIONAL HEALTHCARE DECISIONS DAY

★ *your decisions matter* ★



The question: "Who will speak for me about healthcare decisions if I can't speak for myself?"

Please join the Advance Health-Planning Collective of SLO County for a virtual presentation and follow up Q&A session as well as in-person opportunities to learn and discuss the considerations in creating an advance health directive.



**Watch:**

A short 10-minute recording from area experts talking about the importance of advance directives and their personal experiences with the tool. Recording available after 4/14/2022 at <https://youtu.be/dLbqLh9x6fw>



**Attend:**

A live Q&A panel discussion about advance health planning and the tools available. The panel takes place on Zoom, Wednesday, April 20, 2022, 10 -11 AM at <https://us02web.zoom.us/j/87867511759>



**Attend:**

In person venues to work directly with trained community members to fill out your own advance health directive

## IN-PERSON VENUES

### County Library locations

- 4/27 - San Luis Obispo
- 4/28 - Arroyo Grande
- 5/4 - Cambria
- 5/14 - Morro Bay

(Contact 805-544-2266 for times)

### Meals-That-Connect Dining Centers

- Date TBA - San Luis Obispo
- 4/18 & 4/26 - Paso Robles Senior Center. (Call 805-237-3880 for appointment time)



**Learn:**

How to choose medical decision-makers, decide what matters most to you, how to communicate your wishes, and learn how to talk to your doctor about your medical decisions.